

**Title: Torbay Joint Health and Wellbeing
Strategy progress report March 2023**

Wards Affected: All

To: Health and Wellbeing Board

On: 9 March 2023

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1. Purpose

The Torbay Joint Health and Wellbeing Strategy 2022-26 was published in July 2022. The Health and Wellbeing Board receives six monthly progress reports. This paper provides a second progress report on implementation.

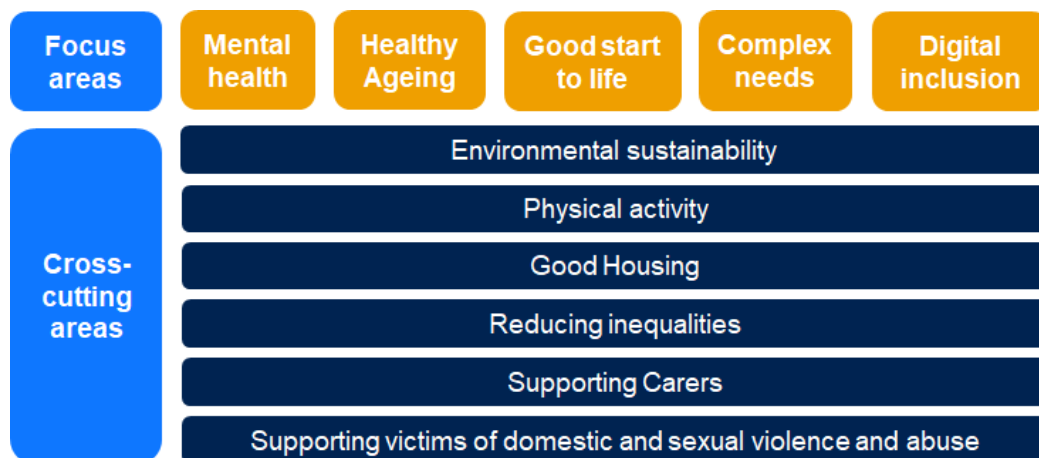
2. Recommendation

Members are asked to note the report.

3. Supporting Information

The Joint Health and Wellbeing Strategy is a statutory requirement for all upper tier local authorities and represents the priorities and work programme of the Health and Wellbeing Board.

The Joint Health and Wellbeing Strategy 2022-26 set out five areas of focus and six cross-cutting areas:



Progress on delivery to March 2023

An outcome framework has been created to monitor delivery of the Strategy. Each priority area is required to report to the Health and Wellbeing Board on a six monthly basis, covering progress against objectives, support for cross-cutting areas, and any engagement work undertaken with communities. Each report also gives an overall statement on progress with the opportunity to highlight risks or barriers.

A separate report is produced by the Public Health Intelligence team with the latest data indicators for each priority area. Key points are included in the summaries below and the full data report is included at **Appendix 1**. Some of the indicators have been updated since the September report and now include 2021/22 figures.

Summary of progress by priority programme area

Mental health and wellbeing

Changes in data indicators since the September report:

- Increase in 'low happiness' levels
- Reduction in high anxiety levels
- Slightly lower suicide rate although still high

Programme update:

The programme is on track. Torbay Public Health is leading the Devonwide needs assessment into self-harm. Research into the experience and support for with people with experience of self-harm has been undertaken. The updated suicide and self-harm prevention plan is in the implementation phase. Further small grant funding has been made available to support small local initiatives to promote mental wellbeing, safe spaces and suicide prevention. Active Devon is leading a combined project to support the improvement of both physical and mental health together.

Good start to life

Changes in data indicators since the September report:

- Reduction in key stage educational attainment levels (likely impact of the pandemic) and increase in young people not in education, employment or training
- Slight reduction in MMR vaccination coverage (this is a target for vaccine uptake work across Devon 2023/24)
- Increase in children overweight or obese at year 6
- Reduction in rate of cared-for children

Programme update:

The programme is on track.

Key developments are partnership working to implement the new model of Early Help and the new Family Hubs. Support for children and young people's emotional health and wellbeing remains a focus. Good progress is being made on the implementation of the SEND (Special Educational Needs and Disabilities) written statement of action.

Risks and issues:

A need for additional investment in early intervention for emotional health and wellbeing for children and young people has been identified as a barrier to children accessing early help. New approaches to co-commissioning offer an opportunity to develop appropriate services within the resource available.

Supporting people with complex needs

Changes in data indicators since the September report:

- Increase in the need for homeless support
- Increase in incidents of domestic abuse
- Increase in successful drug treatments and reduction in successful alcohol treatments

Programme update:

Good progress has been made in mobilising the new Multiple Complex Needs Alliance which went live at the start of February 2023. The homeless hostel has been successfully brought in-house as part of the programme. Wider links with mental health provision, and family hubs, are in development.

Risks and issues:

Recruitment delay has affected one element of the project but is now addressed.

Healthy Ageing

Changes in data indicators since the September report:

- The only updated figure since the September report is the proportion receiving Adult Social Care who report as much social contact as they would like, which has increased slightly.

Programme update:

The programme is on track. The Live Longer Better training has been delivered to ten cohorts including community builders, carers, care homes and domiciliary care teams, NHS staff as well as local citizens. Positive feedback has been received from participants in terms of their confidence and motivation to take up physical and social activities following the training. An Age Friendly pilot in Watcombe has been

focusing on community engagement with local planning to improve the functionality of the environment for residents as they age. Case studies are available to share.

A healthy ageing commissioning handbook has been produced for Devon Integrated Care System and Torbay and South Devon along with other localities are self-assessing against this. A new Healthy Ageing Board, with membership from the existing partnerships, is being established under the Local Care Partnership to oversee relevant work across the locality.

Risks and issues:

The Live Longer Better programme is funded short term and the partnership is working to develop a business case for longer term investment and development from 2024.

Digital inclusion

Changes in data indicators since the September report:

- Broadband coverage has risen sharply

Programme update:

The workstream is on track. The Digital inclusion network is well established with good engagement. An initiative commissioned by Adult Social Care and led by Eat That Frog has successfully completed, providing refurbished digital devices to vulnerable groups in Torbay to support them to access digital opportunities and engage online. Quantitative and qualitative outcomes are included in the project reports (word and powerpoint documents) at **Appendix 2 and 3**.

Risks and issues:

A key issue is the ending of the current fixed-term funding from the end of March 2023. The networking aspect of the programme will continue.

For 2023/24 there will be no commissioned delivery programmes to support people to get online.

Progress against cross-cutting areas

The table below summarises activities in each priority programme area which relate to the cross-cutting targets.

Cross-cutting area objective	Programme delivery update
Environmental sustainability	
<ul style="list-style-type: none"> ➤ Include environmental sustainability as a key element in all policies ➤ Make environmental sustainability a factor in decision making in all new policies & procurement contracts 	<p><i>Best start in life:</i> As part of the Youth Investment Fund project work with partners, environmental impact and sustainability are key factors of consideration with regards to repurposing buildings.</p> <p><i>Healthy Ageing:</i> All partners have their own organisational environmental policies (examples provided).</p> <p><i>Digital inclusion:</i> Redistribution of pre-owned IT equipment is part of the programme of work.</p>
Physical activity	
<ul style="list-style-type: none"> ➤ Explore how physical activity can be included ➤ Work with us to implement Torbay on the Move 	<p><i>Complex needs programme:</i> Physical activity recognised by the Multiple Complex Needs Alliance as part of people's recovery. Successful bid into Back to Sport II for cycling equipment.</p> <p>Discussions beginning to link recovery with wider Torbay on the Move strategic developments.</p> <p><i>Best start in life programme:</i> Play Infrastructure developed as part of COMF funded project.</p> <p>New roles in place to support collaboration between Education and Public Health to implement healthy living in education settings.</p> <p>Collaborative work is currently being undertaken with Active Devon and other partners on projects such as the Youth Investment Fund.</p> <p><i>Healthy Ageing:</i> Physical activity is the foundation of the programme and a core part of our delivery. As you age you need to increase, not decrease your physical activity to slow the effects of ageing.</p> <p>Steering Group members contributed to Torbay on The Move and Active Devon's Strategies and will continue to engage in the initiative.</p>

<p>Housing</p> <ul style="list-style-type: none"> ➤ Participate in a system wide approach to housing including homeless prevention, quality of accommodation and availability of affordable accommodation ➤ Work in partnership with other agencies to identify and prevent homelessness in those accessing your service 	<p><i>Complex needs programme:</i> Alliance core to homeless response The insourcing of the Hostel is facilitating connectivity with the Housing Option team and RSI to enable an integrated systems across services.</p> <p><i>Best start in life:</i> Active involvement in the University of Exeter Children’s Research Project, linking deprivation to children in need of support services and informed by parents and children. Commitment to support with implementing the recommendations from the findings, creating a legacy.</p> <p>There is a Housing Officer collocated in the Local Authority’s homelessness and poverty reduction team.</p> <p>A new youth homeless prevention joint housing / Children’s Services protocol has been developed and has now been implemented.</p> <p>The multi-agency Youth Homeless and Resource Allocation Panel meets fortnightly to have oversight of all 16/17 year olds who are homeless or at risk of homelessness and also all 18 to 25 year old care experienced young people at risk of homelessness.</p> <p><i>Healthy Ageing:</i> Torbay Assembly are working with Sustrans and Torbay council on an age friendly pilot for active travel / independent living in Watcombe. The Assembly have also contributed to Housing strategies. For the Age Friendly baseline report and three year action plan, consultations were undertaken with residents (by the Ageing Well team) with housing and independent living showing as major themes for older people.</p> <p>Steering Group partners are contributing to the Making Melville Marvellous programme.</p> <p>Torbay Community Helpline, Community Builders and Age UK (Wellbeing Coordinators) play a significant role in finding pathways for people to access suitable housing.</p>
<p>Tackling inequalities</p>	
<ul style="list-style-type: none"> ➤ Carry out an EIA for all service changes ➤ All employees trained to recognise the needs of minority & ethnic groups ➤ Ensure that digital care pathways increase inclusion 	<p><i>Best start in life:</i> All Children’s Services staff complete diversity training as part of their mandatory induction programme.</p> <p><i>Healthy Ageing:</i> No service changes planned.</p>

	<p>The work we undertake with people supports equality of access and opportunity, with specific work to overcome ageism and ageist language. Recent world wide studies have shown that ageist practices can short a persons life by up to 7 years. Ageing Well supported the development of NetFriends and contributed to the Torbay Digital Inclusion strategy and the group meetings.</p> <p><i>Digital inclusion</i> Core to delivery.</p>
<p>Supporting carers</p>	
<ul style="list-style-type: none"> ➤ Sign up to the Devonwide Commitment to Carers ➤ Proactively identify & report on carers in the workforce ➤ Health & care set targets for identifying carers ➤ Become 'carer-friendly' organisations 	<p><i>Best start in life:</i> On-going support for carers and strong links with Torbay Youth Trust</p> <p><i>Healthy Ageing:</i> Torbay Carers Service contributes to the Live Longer Better initiative through Torbay Assembly.</p> <p><i>Digital inclusion:</i> Carers are a key target population, with a number of projects focused on this cohort.</p>
<p>Domestic & Sexual Violence and Abuse</p>	
<ul style="list-style-type: none"> ➤ Health & Care provide training on domestic abuse and sexual violence & use a trauma-informed approach 	<p><i>Complex needs programme:</i> Central to the MCN Alliance contract and work</p> <p><i>Best start in life:</i> The Local Authority's internal Early Help service has a matured programme of training delivery activity around domestic abuse with one of the Family Intervention Teams leading on this work as a priority specialism. Training is delivered internally and externally to partners.</p> <p><i>Healthy Ageing:</i> Domestic Abuse coordinators were asked to present to the Assembly in 2022 on issues related to older people. Trauma Informed training will be offered to the group.</p>

Risks

Risks and issues are highlighted under each priority area above.

Engagement undertaken

The table below includes a summary of engagement work undertaken in each programme area over the last six months.

Mental health and wellbeing	Research undertaken with people with experience of self-harm.
Good start to life	Community engagement events arranged to support the development of the new Family Hubs. Community engagement has been a strong element of the children's social care research project undertaken by embedded researchers from the University of Exeter to inform the development of the Early Help model.
Multiple complex needs	Co-production work central to the development of the Alliance. Development of a framework for co-production and co-design, and for peer support recovery.
Healthy Ageing	Facilitated <i>Live Longer Better</i> training has been undertaken with community groups as well as with groups of professionals and voluntary organisations.
Digital inclusion	Public event held by Paignton Library to support local residents to become digitally engaged. Further similar engagement events planned for 2023.

Plans for the next six months

A workshop is being planned for priority and cross-cutting area leads to identify where programmes can work more closely on specific objectives and maximise impact.

A further report on progress will be brought to the Board in September.

4. Relationship to Joint Strategic Needs Assessment

4.1 Priorities of the JSNA are reflected in the strategy.

5. Relationship to Joint Health and Wellbeing Strategy

5.1 This paper outlines progress against the priorities of the Joint Health and Wellbeing Strategy 2022-26.

6. Implications for future iterations of the Joint Strategic Needs Assessment and/or Joint Health and Wellbeing Strategy

6.1 As above.

Appendices

- 1 Data indicator report
- 2 Digital project output report
- 3 Digital project output summary slides